



Cheerleading Try-Out Form

The purpose of the Cheerleading Squad at **East Peoria Community High School** is to promote school spirit and unity among the students, staff, athletes, and activity groups. Cheerleaders will also represent **East Peoria Community High School** by fostering enthusiasm at sporting contests, assemblies, pep rallies, and other school-related activities.

To be eligible to try-out a student must:

1. Be a full time student attending **East Peoria Community High School** during the **2022-2023** school year.
2. Maintain passing grades throughout the season
3. Sign and abide by the EPCHS Handbook and Cheerleading Constitution
4. No suspensions or major behavior infractions. (At Coaches Discretion)
5. Complete and submit the teacher evaluation sheets (3), and attend all 3 of the tryout practices.
6. **Have a great attitude and be willing to work hard!!!!**

Teacher Evaluations (3) are Due by: **Thursday, April 7, 2022**

Try-out Week Starts On: **Wednesday, April 13, 2022**

Final Day of Try-outs Is: **Friday, April 15 2022** If you are not present on this day, you **WILL NOT** be considered for the team.

- There will be a **MANDATORY PARENT & CHEERLEADER MEETING** on **TBD in Cafeteria** for those that make the team.
- **PARENT/GUARDIAN OR ATHLETE ASSUMES RESPONSIBILITY FOR ALL TRANSPORTATION TO AND FROM PRACTICES AND TRYOUTS.**

Try-Out Criteria

1. Candidates will be judged during tryouts using descriptive criteria including general appearance, enthusiasm, poise, smile, rhythm/timing, technique, dance routine, cheer, sideline, jumps, motions, tumbling, and overall ability
2. Any candidate who is a no show forfeits eligibility to participate. The new team list will be posted the same day as the tryouts take place.
3. No spectators will be allowed to attend the clinics and/or tryouts.

Week of Try-Outs: April 13th - April 15th

1. Clothing during the week of the try-out clinic must meet the school dress code or you will be asked to leave (No Spandex Shorts or shirts that show your bra or stomach)
2. Candidates must check in each day at the beginning of the try-out clinic.
3. The candidate will learn one dance, one floor cheer, one sideline, two styles of jumps, and stunts to be performed for the judges. The candidate will also be asked to perform a tumbling pass (**tumbling is not required but they will earn points for tumbling**)
4. The coach will assign a secret number, try-out order, and a stunt group to each candidate. Secret numbers and tryout order will be given out on Wednesday for try-out day.

Day of Try-Outs: April 15, 2022 @ 3:30 pm

1. The candidate will wait quietly in the **hallway** for his/her number to be called. While waiting he/she may practice quietly
2. The candidate's number should be pinned or taped to his/her shirt. (safety pins and number cards will be provided on the day of tryouts)
3. Candidates will try out in teams of 4. Candidates should leave after their tryout.
4. There will be 3 judges that will individually score the candidate. Judges scores will be added to the teacher evaluation scores to determine the candidate's final score.
5. For no reason will Parents/Guardians be permitted in the **gym**.
6. The list of who made the team will be posted within two hours after the last group has finished their try-out.
7. If the candidate is not present on the day of tryouts, he/she **WILL NOT** be considered for the team.

Practice for the tryouts are **Wednesday and Thursday 6:00-8:00pm**. **Please be on time for pick up.** The candidate is expected to be at all practices.

Parent Expectations

To be successful, the team members need strong support from their parents. Parents will be asked to:

1. Help student with fundraising.
2. Pick student up after practices and performances **on time.**
3. Help student to fulfill their responsibilities.
4. Pay for required uniform items and cheer expenses.
5. Come to cheer parent meetings.
6. Communication will be through Remind101
7. **Check cheer calendar, schedules, and social media to stay up to date on any changes throughout the season!**

Encourage your student to take responsibility for their choices and actions. If your child makes the squad, they become an important member of a group. Please keep in mind that choices you make for your student could have an impact on the entire squad.

Financial Responsibilities

--Estimate if you child cheers both Football and Basketball Season--

Practice Outfits	\$200.00
Team Sweatshirt	\$35.00 (per season)
Team Shoes	\$100.00 (Basketball Only)
Hair Bows	\$15.00
Briefs	\$25.00
<u>Senior Gifts</u>	<u>\$25-35 per season (Seniors Exempt)</u>
Total Cost:	\$400-\$480

Prices subject to change.

Cheer Expectations Agreement Sheet

I, _____ (**Candidate Name**), have read the Cheer Tryout Expectations regarding the expectations for membership of the **East Peoria Community High School** Cheerleading Squad. I understand that it is my responsibility to abide by the rules and regulations outlined within the East Peoria Community High School Handbook, if I should be selected as a member. I further understand that a violation of the rules and regulations could result in a temporary suspension or permanent dismissal from the squad. I understand that as a cheerleader, I will have a responsibility to be a good school leader and role model.

Signature of Candidate: _____ Date: _____

Parent/Guardian Permission

1. I have read the **East Peoria Community High School** Cheer Tryout Expectations. I agree to allow my child's participation in the tryout procedures for this athletic performing group. I believe my child to be in good health and to possess the stamina to participate in all cheerleading activities and understand everything will be done to ensure my child's safety. I do, however, understand that there is a risk of injury, both minor, and major. I understand that if my child should become a member of the squad, it will be necessary for me to help them abide by all of the rules and regulations contained in the East Peoria Community High School Handbook to the best of my ability. I understand that I must purchase, for my daughter, a team shirt, team shoes, and accessories, and that these items are mine to keep. I understand my child is required to participate in fundraisers to offset the cost involved in cheerleading and for other cheer squad expenses. I also understand that if I should move or my child should be removed from the squad I will not receive a refund for these items, whether or not the items were worn.
2. I understand that my child **MUST** have a medical physical performed by a licensed medical provider in order to be able to be a member of the squad.
3. I understand that the try-out week and auditions are closed, meaning I may not attend to help my child. I understand that, if my child doesn't drive, I am responsible for picking my child up on time from the clinic on each day of the try-out week. I also understand that my child must attend school at least $\frac{1}{2}$ the day on the try-out and audition days.
4. I understand that any violation of the rules of **East Peoria Community High School** or the rules outlined both the **East Peoria Community High School Handbook and Cheerleading Constitution** could result in temporary suspension or permanent dismissal from the cheerleading squad.
5. I understand that my child must currently have and maintain passing grades throughout the season for my child to participate. I understand that if my child fails to meet these standards he or she will be suspended or removed from the squad.

Signature of Parent/Guardian: _____ Date _____

Try Out Application Form

Due: **Thursday, April 7th, 2022**

Must be given to current teachers

Student: _____

Grade Next Year: _____ Name of Class you had student for: _____

Please provide a candid assessment of the student's academic performance, intellectual promise and personal qualities.

		Below Average (0-points)	Average (1- point)	Above Average (3-points)	Excellent (Top 10%) (5--points)
1	Responsibility				
2	Attitude toward Learning				
3	Effort & Enthusiasm				
4	Interpersonal Skills				
5	Personal Ethics				
6	Attitude toward Authority				
7	Courtesy and Respect				
8	Willingness to conform to Rules and Regulations				
9	Attitude towards peers				
10	Working in groups				

Total Score: _____

If you wish to make comments about any of your ratings, or further indicate your estimation of this student's qualifications for this sport, please do so here.

Have you ever had to discipline this student? If so, what were the circumstances (tardiness, behavior, disrespect, etc)?

Please check one:

_____ I recommend the above named student for the **East Peoria Community High School** cheer program.

_____ I do NOT recommend the above named student for the **East Peoria Community High School** cheer program.

Teacher (print and sign)

Date

Please place in either the Cheerleading mailbox (@EPCHS) or drop off to main office at East Peoria High School.

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East Peoria Community High School Cheerleading Tryouts Score Sheet

Tryout Number: _____ Judge #: _____

General Appearance: 1 2 3 4 5 6 7 8 9 10

Enthusiasm: 1 2 3 4 5 6 7 8 9 10

Total Score: _____/20

Tumbling: (Extra Points)

Difficulty	1	2	3	4	5					
Form/Neat	1	2	3	4	5					

Tumbling Score: _____/0

Sideline

Communication (Projection/Enthusiasm)	1	2	3	4	5	6	7	8	9	10
Motions- (Sharp/Tight/Placement)	1	2	3	4	5	6	7	8	9	10
Knowledge/Memorization	1	2	3	4	5	6	7	8	9	10
Coordination/Group Technique	1	2	3	4	5	6	7	8	9	10

Sideline Score: _____/40

Floor Cheer

Communication (Projection/Enthusiasm)	1	2	3	4	5	6	7	8	9	10
Motions- (Sharp/Tight/Placement)	1	2	3	4	5	6	7	8	9	10
Knowledge/Memorization	1	2	3	4	5	6	7	8	9	10
Coordination/Group Technique	1	2	3	4	5	6	7	8	9	10
Communication (Projection/Enthusiasm)	1	2	3	4	5	6	7	8	9	10

Floor Cheer Score: _____/50

Stunt

Group Technique (Works well with Others)	1	2	3	4	5	6	7	8	9	10
Individual Technique (Correct Technique for Stunt)	1	2	3	4	5	6	7	8	9	10
Skill Level (Difficulty Level)	1	2	3	4	5	6	7	8	9	10

Stunt Score: _____/30

Dance

Dance Technique (Rhythm/Smooth/Tight Motions)	1	2	3	4	5	6	7	8	9	10
Memorization: (Enthusiasm and Confidence--No Counting)	1	2	3	4	5	6	7	8	9	10

Dance Score: _____/20

Toe Touch:

Height	1	2	3	4	5	6	7	8	9	10
Toes Pointed/Arm Placement	1	2	3	4	5	6	7	8	9	10
Clean (Feet Together)	1	2	3	4	5	6	7	8	9	10

Toe Touch Score: _____/30

2nd Jump: Jump Of Choice (Cannot be another Toe Touch)

Height	1	2	3	4	5	6	7	8	9	10
Toes Pointed/Arm Placement	1	2	3	4	5	6	7	8	9	10
Clean (Feet Together)	1	2	3	4	5	6	7	8	9	10

Choice Jump Score: _____/30

Overall Score: _____/220