





# September 2021 Breakfast and Lunch

MONDAY wich	Taco TUESDAY	Dessert WEDNESDAY	Mashed/Au Gratin THURSDAY	Pizza/Pizza Sticks FRIDAY
<b>Ala Carte Menu – cash only PLEASE!</b>  Extra meal-\$2.45 Extra entrée-\$1.00 Extra side-\$.50 Extra milk-\$.35		B-Egg omelet, toast, pears  L-Tomato soup-21 celery sticks-2 Peanut butter & jelly sandwich-55.40 Cinnamon applesauce-15 strawberry short cake-52 whip cream-21	B-Biscuit & gravy, sausage links, cinnamon applesauce  L-Country fried steak-52 Dinner roll-23 Mashed potatoes-10 gravy-6 Green beans-8 mandarin oranges-202	B-Cereal, egg, sausage cheese burrito, mandarin oranges  L-Stuff crust cheese pizza-35 Hummus-2.1 tortilla chips-21 Carrot sticks-8 Pineapples-173
	B-Oatmeal, Maple French toast sticks, peaches  L-beef & bean burrito-35 salsa-2 Spanish rice-21 Sweet corn-17 pears-20  7	B-Scrambled egg, toast, pears  L-Corn dog-27 sweet peas-15 Macaroni-32 & cheese-0 Cinnamon applesauce-15 Apple bosco sticks-36 glaze icing-23 8 <b>K, M</b>	B-Biscuits & gravy, sausage links, cinnamon applesauce  L-Chicken n noodles-28 Mashed potatoes-10 gravy-6 Dinner roll-23 green beans-7 Mandarin oranges-209	B-Cereal, breakfast bacon scramble, mandarin oranges  L-Pretzel cheese stick-26 Marinara sauce-2 oven fries-21 Fresh broccoli-8 ranch cup-11 Pineapples-17 10 <b>K</b>
B-Cereal, fruit muffin, cheese slices, pineapples  L-Beef patty-0 cheese-0 bun-26.47 Potato wedges-21 Steamed mixed vegetables-15 Peaches-17  13 <b>K, M, P</b>	B-Oatmeal, maple pancakes, syrup, peaches  L-Taco meat-3 tortilla bowl-13 Lettuce-1 cheese-0 salsa-2 Sweet corn-17 Pears-20  14	B-Egg omelet, toast, pears  L-Hot dog-1 bun-26.49 Baked beans-15 Sweet peas-15 Cinnamon applesauce-15 Chocolate chip cookies-24  15 <b>K, M, PR</b>	B-Biscuits & gravy, sausage links, cinnamon applesauce  L-Salisbury steak-14 Sliced bread-12.7 Mashed potatoes-10 gravy-6 Green beans-8 Mandarin oranges-2016 	B-Cereal, sausage patty, mandarin oranges  L-Sausage pizza-34 Pasta salad-16.83 Glazed carrots-25.12 Pineapples-17  17
B-Cereal, yogurt, applesauce  L-Tenderloin-24 bun-26.47 Potato rounds-21 Steamed mixed vegetables-15 Pears-20  20 <b>K, M, P</b>	B-Oatmeal, cinnamon bun, glaze, pears  L-Chicken fajita meat-2 wrap-15, cheese-0, salsa-2 Sweet corn-15 Pears-20 21	B-Scrambled eggs, toast, peaches  NO LUNCH SERVED SIP DAY  22	B-Biscuit & gravy, sausage links, cinnamon applesauce  L-Open face turkey-0 over bread-17 Mashed potatoes-10 gravy-6 Green beans-8 Mandarin oranges-20 23	B-Cereal, breakfast sausage pizza, mandarin oranges  L-Bosco pepperoni stick-34 Original sunchips-18 Celery sticks-2 peanut butter cup-7 Pineapples-17 24
B-Cereal, fruit grain bar, pineapple  L-Fish square-22 bun-26.47 Cheddar goldfish-14 Steamed mixed vegetables-15 Pears-20 27 <b>K, T</b>	B-Oatmeal, maple French toast sticks, peaches  L-Cheese quesadilla-40 salsa-2 Spanish rice-21 Sweet corn-17 pears-10 28	B-Egg omelet, toast, pears  L-Pepperoni pizza rolls-30 Sweet peas-15 Cinnamon applesauce-15 Oatmeal cookies-24 29	B-Biscuits & gravy, sausage links, Cinnamon applesauce  L-Cheese tortellini-38.75 Marinara sauce-6 garlic bread-15 Au Gratin potatoes-25 Green bean-8 mandarin oranges-20	<b>CONDIMETS + carbs</b> <b>K</b> -ketchup 2pkts – 2 <b>T</b> -tarter sauce 2pkts - 2 <b>PR</b> -pickle relish 2pts – 2 <b>P</b> -pickles, 6slices - 0 <b>M</b> -mustard 2pkts - 0 <b>BBQ</b> -sauce cup - 10

-- Carbohydrates \*1% Milk-White-11\*, F. F. Milk-Chocolate-20\* Is included with all meals made at the school. If your child brings a lunch from home, he/she may purchase milk for \$.35. Menus are subject to change. Thank you, Ms Davis 698-3604. Call me if you have any questions.