



# October 2021 Breakfast and Lunch



MONDAY wich	Taco TUESDAY	Dessert WEDNESDAY	Mashed/Au gratin THURSDAY	Pizza/Pizza Stick FRIDAY
<b>CONDIMENTS + Carbs</b> <b>K</b> -ketchup 2pt – 2 <b>T</b> -tarter sauce 2pkts – 2 <b>PR</b> -pickle relish 2pt – 2 <b>P</b> -pickles 6 slices – 0 <b>M</b> -mustard 2pkts – 0 <b>BBQ</b> – bbq sauce cups - 10	<b>Al Carte Menu-Cash Only <u>please!</u></b>  Extra meal-\$2.45 Extra entrée-\$1.00 Extra side-\$.50 Extra milk-\$.35			B-Cereal, egg, sausage, cheese burrito, mandarin oranges  L-Sausage & cheese pizza-34 Oven fries-21 Carrot sticks-8 ranch cup-11 Pineapples-17 <b>1 K</b>
B-Cereal, fruit muffin, cheese slices, pineapples  L-Hot dog-2 bun-28 Brown sugar baked beans--15 Steamed mixed vegetables-15 Peaches-17 <b>4 K, M, PR</b>	B-Oatmeal, cinnamon bun w/glaze, peaches  L-Cheese Quesadilla-22 salsa-2 Spanish rice-21 Sweet corn-15 Pears-20 <b>5</b>	B-Scrambled eggs, toast, pears  L-Teriyaki dippers-8 Steamed rice-43 w/vegetables-4 Oriental vegetable blends-5 Mixed fruit-15 Cherry frudel-38 glaze icing-23 <b>6</b>	B-Biscuits & gravy, sausage links, mixed fruit  L-Baked glazed ham-15 Dinner roll-23 Au gratin potatoes-25 green beans-7 Mandarin oranges-20 <b>7</b>	B-Cereal, breakfast bacon scramble, mandarin oranges  L-Cheese pizza-30 Smiley potatoes-21 Celery stick-0 peanut butter cup-7 Pineapples-17 <b>8 K</b>
Cereal, fruit grain bars, cheese slices, Pineapples  L-Boneless bbq ribs-1 hot dog bun-21 Confetti bean salsa-19 Steamed mixed vegetables-15 Peaches-17  <b>11</b>	B-Oatmeal, French toast sticks, peaches  L-Chicken fajita-2 tortilla wrap-14 Cheese-0, salsa-2 Sweet corn-15 Watermelon wedges-25  <b>12</b>	B-Cheese omelet, toast, pears  L-Beef & cheese ravioli-36 Garlic bread-15 Sweet peas-15 Cinnamon applesauce-15 Brownies w/powder sugar-21  <b>13</b>	B-Biscuits & gravy, sausage links, cinnamon applesauce  L-Chicken Alfredo-30 Bread stick-14 Mashed potatoes-10 gravy-6 Romain salad-1 diced tomatoes-7 Ranch dressing-11 <b>14 Mandarin Oranges-20</b>	B-Cereal, breakfast sausage breakfast pizza, mandarin oranges  L-Bosco cheese pepperoni stick-34 Potato wedges-21 Sugar glazed carrots-25.12 Blueberry & strawberry cup-7.7  <b>15 K</b>
B-Cereal, peanut butter & jelly on toast, pineapple  L-Beef patty-0 bun-28 Original sunchips-18 Steamed mixed vegetables-15 Peaches-17 <b>18</b>	B-Oatmeal, sausage patty, peaches  <b>L-Taco salad consist</b> -taco meat-3 crushed tortilla chips-21, lettuce-2, cheese-0, salsa-2 Spanish rice-21 Sweet corn-15 banana-2 <b>19</b>	B-Scrambled eggs, toast, pears  L-Chili-19 Peanut butter & jelly sandwich-55.4 Carrot sticks-8 Cinnamon applesauce-13 No baked cookies-32 <b>20</b>	<p style="text-align: center;">NO BREAKFAST AND LUNCH SERVED PARENT/TEACHER CONFERENCE</p> <b>21</b>	B-Cereal, egg, sausage, cheese burrito, mandarin oranges  L-Cheese pizza-30 Tortilla chips-21 hummus-21 Bell peppers-7 ranch cup-11 Pineapples-17 <b>22</b>
B-Cereal, fruit muffin, cheese slices, pineapples  L-Grilled chicken-15 bun-28 Brown sugar baked beans-15 Steamed mixed vegetable-15 Peaches-17 <b>25 K,M,P</b>	B-Oatmeal, maple pancake w/syrup, peaches  L-Cheese Quesadilla-22 salsa-2 Spanish rice-21 Sweet corn-15 Pears-20 <b>26</b>	B-Egg patty & sausage patty on bun, Pears  L-Pasta-42 w/meat sauce-24 Bread stick-15 sweet peas-15 Cinnamon applesauce-13 <b>Hot</b> apple crisp-31 <b>27</b>	B-Biscuits & gravy, sausage links, cinnamon applesauce  L-Chicken nuggets-14 Au gratin potatoes-25 Green beans-7 Mandarin oranges-20 <b>28 BBQ, K</b>	B-Cereal, breakfast bacon scramble, mandarin oranges  L-Pretzel cheese stick-26 Marinara sauce-2 Oven fries-21 Sugar glazed carrots-25.12 <b>29 K</b>

–= Carbohydrates \*Milk-White-11, Chocolate-28 White or chocolate milk is included with all meals made at the school. If your child brings a lunch from home, he/she may purchase milk for \$.35.  
**Menus are subject to change.** Thank you, Ms Davis 698-3604 .Please call me if you have any questions.