



November 2022 Breakfast and Lunch

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|
| | B-Pancakes w/syrup, sausage patty, peaches L-Beef & bean burrito-35 salsa-2 Spanish rice-21 Sweet corn-15 pears-20 1 | B-Scrambled eggs, toast, pears NO LUNCH SERVED SIP DAY 2 | B-Biscuit & gravy, sausage links, applesauce L-Baked chicken-2 Dinner roll-23 Mashed potatoes-13 gravy-6 3 Mandarin oranges-20 | B-Cereal, egg, sausage, cheese burrito, mandarin oranges L-Sausage cheese pizza-3 Steamed carrots-15 Pineapples-17 4 |
| B-Cereal, peanut butter & jelly on toast, Pineapples L-Beef patty-0 cheese slices-0 bun-26 steamed mixed vegetables-15 Peaches-17 7 K,M,P | NO SCHOOL ELECTION DAY 8 | B- Hot ham & egg patty on bun, pears L-Pasta-42 w/meat sauce-24 garlic bread-15 sweet peas-15 Applesauce-15 Peanut butter bars-19 9 | B-Biscuit & gravy, sausage links, applesauce L-Country fried steak-52 Sliced bread-13 Mashed potatoes-13 gravy-6 Mandarin oranges-20 10 | NO SCHOOL  11 |
| B-Cereal, peanut butter & jelly on toast, pineapples L-Grilled chicken-2 bun-26 Oven fries-21 Peaches-17 14 K,M | B-Pancakes w/syrup, sausage patty, peaches L- Taco salad consist: taco meat-3, Crushed tortilla chip-21, cheese & lettuce cup-2, salsa-2 Sweet corn-15 pears-20 15 | B-Scrambled eggs, toast, pears L-Fun fish-22 Macaroni-32 cheese-0 Sweet peas-15 Applesauce-15 Chocolate chip cookies-24 16 K,T | B-Biscuits & gravy, sausage links, mixed fruit THANKSGIVING DINNER L-Gravy-6 over Turkey-2 Dinner roll-23 cranberry delight-43 Baked sweet potatoes & apples-13 Green beans-7 17 Pumpkin bars-27.74 | B-Cereal, yogurt, mandarin oranges L-Cheese pizza-30 Cucumber slices-5 ranch cup-11 Pineapples-17 18 |
| B-Cereal, peanut butter & jelly on toast, pineapples L-Pizza burger-5 open face bun-14 cheese-0 Steamed mixed vegetables-15 Peaches-17 21 | B-Maple French toast sticks, sausage patty, peaches L-Chicken fajita meat-2 wrap-15 Cheese-0 salsa-2 Sweet corn-15 Pears-20 22 | No School |  | No School |
| B-Cereal, peanut butter & jelly on toast, pineapples L- Hot dog-1 bun-28 Baked beans-15 Peaches-17 28 K,M,PR | B-Pancakes w/syrup, sausage patty, peaches L-Cheese quesadilla-22 salsa-2 Confetti bean salsa-19 Sweet corn-15 Pears-20 29 | B-Egg & cheese omelet, toast, pears L-Peanut butter & jelly sandwich-56 Original sunchips-18 Sweet peas-15 Applesauce-15 Snicker doodles-20 30 | All Carte Menu-Cash Only <u>Please!</u> Extra meal - \$2.55 Extra entrée - \$1.00 Extra side - \$.50 Extra milk - \$.35 | CONDIMENTS + CARBS K-ketchup 2pkts - 2 T-tarter sauce 2pkts - 2 PR-pickle relish 2pkts - 2 P-pickles 6slices - 0 M-mustard 2pkts - 0 BBQ-bbq sauce cup - 10 |

--= Carbohydrates *1% Milk-White-11, 1% Chocolate-24* White or chocolate milk is included with all meals made at the school. If your child brings a lunch from home, he/she may purchase milk for \$.35. **Menus are subject to change.** Thank you, Ms Davis -309-698-3604 .Please call me if you have any questions.