






January, 2022 Breakfast and Lunch



MONDAY Wich	Taco TUESDAY	Dessert WEDNESDAY	Mashed/Au Gratin THURSDAY	Pizza/Pizza sticks FRIDAY
CONDIMENTS+CARBS K -ketchup 2 pkts – 2 T -tarter sauce 2pkts – 2 PR –pickle relish 2 pkts – 2 P - pickle 6 slices – 0 M -mustard 2pkts – 0 BBQ -bbq sauce cup - 10	B-Oatmeal, maple pancakes, syrup, peaches L-Cheese quesadilla-22 salsa-2 Spanish rice-21 Sweet corn-15 Pears-20 4	B-Egg, cheese omelet, toast, pears L-Corn dog-27 baked beans-15 Sweet peas-15 Cinnamon applesauce-15 Snicker doodles-20 5 K, M	B-Biscuits & gravy, sausage links, cinnamon applesauce L-Chicken n noodles-28 Bread stick-14 Mashed potatoes-10 gravy-6 Green beans-7 mandarin oranges-20 6	B-Cereal, egg, sausage, cheese burrito, mandarin oranges L-Sausage cheese pizza-34 Original sun chips-8 Steamed carrots-25.12 Pineapples-17 7
B-Cereal, fruit grain bar, cheese slices pineapples L-Breaded chicken-15 bun-28 Oven fries-21 Steamed mixed vegetables-15 Peaches-17 10 K, BBQ	B-Oatmeal, sausage patty, peaches L-Taco salad consist-taco meat-3 Crushed tortilla chips-21 cheese-0 salsa-2 black beans & rice-43 sweet corn-15 Pears-20 11	B-Scrambled eggs, toast, pears L-Pasta-42 w/meat sauce-24 Garlic bread-15 sweet peas-15 Strawberry cup-15 Oatmeal cookie-24 12	B-Biscuits & gravy, sausage links, cinnamon applesauce L-Country fried steak-52 Dinner roll-23 Mashed potatoes-10 gravy-6 Green beans-7 mandarin oranges-20 13	B-Cereal, breakfast sausage pizza , mandarin oranges L-Pepperoni pizza rolls-30 Sweet potato crinkles-22 Steamed carrots-25.12 Apricots-15 14 K
 No School - Martin Luther King Junior 17	B-Oatmeal, French toast sticks, mixed fruit L-Beef & bean burrito-25 salsa-2 Spanish rice-21 Sweet corn-15 Pears-20 18	B-Egg patty & cheese slice on bun, pears L-Oven roasted chicken-2 Sliced bread-9 Au gratin potatoes-25 Cinnamon applesauce-15 19 Peach oatmeal crisp-31	B-Biscuits & gravy, sausage links, Cinnamon applesauce L-Salisbury steak-14 Sliced bread-9 mashed potato-10 Gravy-6 green beans-7 Mandarin oranges-20 20	B-Cereal, breakfast pizza bagel, mandarin oranges L-Sausage cheese pizza-34 Creamy coleslaw-8 Steamed carrots-25.12 Pineapples-15 21
B-Cereal, peanut butter, jelly on toast, pineapples L-Turkey slice-0 bun-28 Potato wedges-21 Steamed mixed vegetables-15 Peaches-15 24 K, M	B-Oatmeal, cinnamon roll w/icing, peaches L-Chicken fajita-0 wrap-15 Cheese-0 salsa-2 Sweet corn-15 Pears-15 25	B-Egg, cheese omelet, toast, pears L-Beef-0 cheese-0 macaroni-42 Sweet peas-15 Banana-27 Chocolate chip cookie-24 26	B-Biscuits & gravy, sausage links, cinnamon applesauce L-Chicken Alfredo-30 Bread stick-14 Mashed potatoes-10 gravy-6 Green beans-7 Mandarin oranges-20 27	B-Cereal, egg, sausage, cheese burrito, mandarin oranges L-Cheese pizza—30 Tortilla chips-21 hummus-2.1 Steamed carrots-25.12 Pineapples-15 28
B-Cereal, fruit grain bar, cheese slices, pineapples L-Beef patty-0 cheese slice-0 bun 28 Potato rounds-21 Steamed mixed vegetables-15 Peaches-15 31 K, M, P				A la Carte Menu-Cash Only PLEASE Extra meal-\$2.45 Extra milk-\$.35 Extra entrée-\$1.00 Extra side-\$.50 Extra salad dressing cup-\$.25

–= Carbohydrates *Milk-White-11, Chocolate-28 1% White or F. Free chocolate milk is included with all meals made at the school. If your child brings a lunch from home, he/she may purchase milk for \$.35. **Menus are subject to change.** Thank you, Ms Davis 698-3604 .Please call me if you have any questions.