




NOVEMBER 2023 BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Al Carte Menu-Cash Only <u>Please!</u></p> <p>Extra meal - \$2.65 Extra entrée - \$1.00 Extra side - \$.50 Extra milk - \$.35</p>		<p>1. B-Scrambled eggs-6, toast-13, Apple slices-21 L-Chicken & Cheese Burrito 33.4 Corn-15 Carrots stick w/ranch-8 Mix Fruit-20 White cake W/icing-25</p>	<p>2. B-Biscuit & gravy43.9, sausage links-1, Banana-27</p> <p>L-Chicken Nuggets-14 Sweet Potato Fries-17.2 Green Beans-8 Banana-27 K,M,bbq</p>	<p>3. B-egg, sausage, cheese burrito,-17 Pineapple-17</p> <p>No lunch served Sip day</p>
<p>6. B-Breakfast sausage bagel-36 peaches-15, cheese stick-1</p> <p>L-Hot Dog-1 bun-28 Original Sun Chips-21 Corn-15 Peaches-15 K,M</p>	<p>7. B-French Toast Sticks-41w/syrup-31 sausage links-1 Pears-15</p> <p>L-Tenderlion-24 Au gratin potatoes-25 Steamed Carrots--15 Pears-15 K,M,P</p>	<p>8. B-Hot ham-1 & egg patty-6 on bun-26, mix fruit-20</p> <p>L-Taco salad consist: taco meat-3, Crushed tortilla chip-21, cheese & lettuce cup-2, salsa-2 Sweet corn-15 Mix fruit-20 Chocolate chip cookie-24</p>	<p>9. B-Biscuit & gravy43.9, sausage links-1,Mandarin orange-20</p> <p>L-Country fried steak-52 Sliced bread-13 Mashed potatoes-13 gravy-6 Mandarin oranges-20</p>	<p>10 B- Cereal, PB&J on toast pineapple-17</p> <p>L-Sausage pizza-30 Cheddar Sun Chips-19 Steamed Mix Veggies-15 Pineapple-17</p>
<p>13. B-Pop-Tart-36, cheese stick-1 applesauce cup-</p> <p>L-Spaghetti-46 Meat sauce-6 Garlic Bread-15 Romaine salad mix w-Italian -18 Peaches-15</p>	<p>14. B-Pancakes-80 w/syrup-31, sausage patty-1, pears-15</p> <p>L-Popcorn Chicken-14 Potato Wedges-21 Corn-15 Pears-15 K,M</p>	<p>15. B-banana Loaf-45, cheese stick-1 applesauce-15 L-Chicken teriyaki-14 Spanish rice-43 Steamed Carrots-15 Applesauce-15 Chocolate chip cookies-24</p>	<p>17. B- Cherry Frudel-36 chrse stick-1 Banana-27</p> <p>THANKSGIVING DINNER L-Gravy-6 over Turkey-2 Dinner roll-23 cranberry delight-43 Baked sweet potatoes & apples-13 Green beans-7 Pumpkin bars-27.74</p>	<p>18. B-Cereal-21, yogurt-15, Grapes-18 L-Pepperoni Bosco Sticks-26 Marinara sauce-2 Cucumber slices-5 ranch cup-11 Pineapples-17</p>
<p>19. B-Breakfast sausage bagel, Peaches-17 cheese stick-1</p> <p>L-Pizza burger-5 open face bun-14 cheese-0 Steamed mixed vegetables-15 Peaches-17</p>	<p>20. B-Maple French toast sticks-41, Sausage Links-1 pears-15</p> <p>L- Corn Dog-27 Pork & Beans-29.5 Carrot sticks-8 ranch-11 Pears-20 K,M</p>	<p style="text-align: center;">No School</p>		<p style="text-align: center;">No School</p>
<p>27. B-Cereal, PB&J on toast, Peaches-17</p> <p>L-Nacho's with chips, cheese & meat-30 Green Beans-15 Peaches- 17</p>	<p>28 B-Pancakes w/syrup, sausage patty-1, pears-20</p> <p>L-Cheese quesadilla-22 salsa-2 Confetti bean salsa-19 Steamed Broccoli-3.3 Pears-20 29</p>	<p>29 B-Egg & cheese omelet-7, toast-13, applesauce cups-15</p> <p>L- Chili-19 Saltines-6 Corn-17 PB&J Sandwich-55.4 Applesauce-15 Brownie21</p>	<p>30. B- Biscuit & gravy43.9, sausage links-1,Mandarin orange-20</p> <p>L-Chicken noddle soup-7.4 Saltines-6 Steamed mix veggies-15 Mix Fruit-20</p>	<p>CONDIMENTS + CARBS K-ketchup 2pkts - 2 T-tartar sauce 2pkts - 2 PR-pickle relish 2pkts - 2 P-pickles 6slices - 0 M-mustard 2pkts - 0 BBQ-bbq sauce cup - 10</p>

= Carbohydrates *1% Milk-White-11, 1% Chocolate-24* White or chocolate milk is included with all meals made at the school. If your child brings a lunch from home, he/she may purchase milk for \$.35. **Menus are subject to change.** Thank you, Ms Stewart -309-698-3604 .Please call me if you have any questions.

