





September 2023 Breakfast and Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ala Carte Menu – cash only PLEASE! Extra meal-\$2.65 Extra entrée-\$1.00 Extra side-\$.50 Extra milk-\$.35	CONDIMENTS +CARBS K -ketchup 2pkts - 2 T -tartar sauce 2pkts - 2 PR -pickle relish 2pkts - 2 P - pickles – 6slices - 0 M -mustard 2pkts - 0 BBQ -sauce cup - 10			1 B-Cereal-21, PB&J on toas55.4t, Apple slices-14 L- cheese pizza-35 Hummus-2.1 tortilla chips-21 Carrot sticks-8 Pineapples-17
	5 B- French toast sticks-41, sausage patty-14, Applesauce cups-21 L-Tenderlion-24 Bun-26 Au Gratin Poatos-25 Pears-15 K,M,P	6 B-Scrambled egg-6, toast-13, mix fruit-20 L-Taco Salad consist: taco meat-3, Crushed tortilla chips-21, cheese & lettuce cup-2, salsa cup-2 Sweet corn-17 mix Fruit-20 Chocolate chip cookies-24	7 B-Biscuits & gravy-43.9, sausage links-14, applesauce-15 L-BBQ Shredded Pork-10-bun26 Oven Fries-21 Applesauce-15 K	8 B-Cereal-21, yogurt-15 Apple slices-14, cheese stick-1 L-Pepperoni pizza Rolls-30 Original sun chips-21 Buttery corn-16 pineapple-15 
11 B-Cereal, PB&J on toast, apple slices L-Cheese Tortellini-38.75 Spaghetti sauce-6 Dinner roll-23 Romaine salad mix w/Italian dressing-18 Peaches-17	12 B-Egg and cheese omelet, applesauce cup, cheese stick L-Popcorn chicken-16 Mashed Potatoe-10 Gravy-6 Green beans-8 pears-15 K,M	13 B-Banana loaf, apple slices cheese stick L-Pancake & Sausage on a stick-20 Oven Fries-21 Steamed mix veggies-15 Strawberries-38 Honey apple Crisp-31.5	14 B-Biscuits & gravy, sausage links, applesauce cups L-pasta-42 Meat Sauce-24 garlic bread 15 Romaine W/ranch -11 applesauce-15	15 B-Cereal, Yogurt Apple slices L-Bosco cheese sticks-26 Marinara sauce-21 Buttery Corn-16 Pineapples-17
18 B-Cereal, peanut butter jelly on toast, pineapples L-Beef Patty-0 Bun-26 Potato smiles-23 Coleslaw-14 Peaches-15 K, M, P	19 B-pancake w/syrup, sausage patty, Applesauce cups L-Grilled chicken patty-2 bun-26 Steamed Broccoli-5.2 Pears-15 K,M,P	20 B-Scrambled eggs, toast, apple slices L-beef & Bean Burrito-35 salsa-Spanish rice-21 Buttery corn-16 Mix fruit-21 Oatmeal cookie-21	21 B-Biscuit & gravy, sausage links, applesauce L-Cheese Pizza-30 green bean-8 cucumber sticks-8 mandarin oranges-20	22 B-Cereal, yogurt, mandarin oranges NO LUNCH SERVED SIP DAY
25 B-Cereal, peanut butter jelly on toast, apple slices L-Meatballs-5 cheese-0 bun-26 Marinara sauce-7 Streamed Broccoli-3.3 peaches15	26 B-Maple French toast sticks-50 sticks, sausage patty, Applesauce cups L-Corn Dog-27 Pork& & Beans-29.5 Pears-15 K,M	27 B-Scrambled eggs, toast, apple slices L- Baked glazed ham-15 Au gratin potatoes-15 dinner roll-23 mix fruit-23 Brownie-21	28 B-Biscuits & gravy, sausage links, Applesauce L-Grilled Chese-36 Oven Fries-21 Carrot sticks-8 applesuace-15 K	29 B-Cereal, PB&J on toast, apple slices L-sausage pizza-30 Buttery corn-16 Pineapple-17

= Carbohydrates *1% Milk-White-11*, F. F. Milk-Chocolate-20* Is included with all meals made at the school. If your child brings a lunch from home, he/she may purchase milk for \$.35. **Menus are subject to change.** Thank you, MS. Stewart 698-3604. Call me if you have any questions.



September 2023 Breakfast and Lunch